

## A003 Today Pause

There are times in life where you will advance, or retreat depending upon what you believe. When you see the enemy in its unrighteous ways, it can become disturbing. When you see it, and those you love, who are caught in its darkness, and yet no remorse, instead even more defiant. There are times when you have done all that you knew to do, you stood for truth, for righteousness, only to see it overtaken by all that is steeped in gross darkness.

It is in this place that we find ourselves. We need to Pause, Meditate, and Pray. When we become uncertain in our position, let alone the path we are on, it can feel like the ground beneath our feet is shaking. We activate our lives by what we have built upon. What ever our storehouse has in it, that is what we will gravitate towards. If the world and its ways have consumed us, we will be left with a trail of fear, that binds us from taking ground. If our storehouse, (our hearts) have been filled with kingdom treasures, we will be able to pause meditate and pray.

It is a clear picture of what we have inside us that counts. For us to be able to weather the storms of darkness in the days ahead, it will depend upon how well we have used what we have been given. The bible talks about building your house upon the rock. This is a picture that deserves an answer.

The truth is this that if you are finding it hard in the storms of today, know that this is just a foretaste of what is to come. Truth always comes with a cost. It leaves you with the reality that if you are faltering in this hour, it might be a gift. A picture is worth so much more than words for the simple reason, it does not easily fade away into yesterday's thoughts.

There is no better time than to Pause, and take an account of where you are truly at. Meditation helps you hear from God. It dismantles fear as you put Him and His ways before you. Taking His word and allowing it to form your life is the most important thing before you. It will determine whether you rise above or sink below, the uncertainties that we find ourselves in.

The bible says that He comforts us in all our troubles, but if you do not have that word in your heart, you cannot expect it to work when you need it the most. It also says in that same verse that you can use what you have to comfort others. You see, it really is about using what you have and giving all those in need a word that brings life in the midst of there darkness.

We are called to be a light in a dark place, a word of comfort to a hurting heart, a walk that is looked upon by all those that are watching as something that is attainable. A life that shines forth the gospel of salvation, the love, and the cost that was paid by Jesus should be the testimony upon our lips.

As we pause and meditate it takes us to prayer. What we have received from Jesus during our time of meditation needs to become our prayer.

**Prayer:** Dear Lord, we see the truth and are willing to embrace it. Take our lives and make them into what we have always been called to be. Direct our steps to align with all those who need to find their way. Impart to us a heart that moves mountains because we know who we are. Activate our lives to make a difference for your kingdom. Use us as You will, work out your purpose no matter the cost.

**Verse:** He comforts us whenever we suffer. That is why whenever other people suffer; we are able to comfort them by using the same comfort we have received from God. (2 Corinthians 1:4 GW)